

## **SURGERY INSTRUCTIONS**

Your surgery has been scheduled at either:

Medical Center of Arlington (3301 Matlock Rd; Arlington, Texas 76015)  
Call 817-472-4857 to schedule pre-op testing

Or

Surgery Center of Arlington (2400 Matlock Rd; Arlington, Texas 76015)  
Call 817-860-6800 to schedule pre-op testing

It is **your responsibility** to schedule an appointment at the hospital **one week** prior to your surgery to have pre-op testing done. If you are a diabetic, please have the tests done **fasting**.

### **The Day of Surgery**

1. **Do not** eat or drink anything after midnight the evening before your surgery. It is absolutely necessary for your stomach to be empty.
2. Please leave all valuables at home. Remove all jewelry.
3. Take a good shower. You may have bandages that prevent you from normal baths after surgery.
4. You may brush your teeth. Simply rinse and spit out the water.
5. You will not be able to drive home after surgery. Please make transportation arrangements.
6. Make no other plans for the day of surgery. Occasionally the hospital surgery schedule moves faster or slower than expected due to cancellations and emergencies. Please be available to come to the hospital earlier should the schedule change.
7. Wear loose, comfortable clothing. Consider that you may have some limitations after surgery.

**Please note:** A great deal of time and effort goes into the scheduling of your procedure. Equipment is scheduled, surgery time is obligated, personnel at the hospital have to be available, and arrangements have to be made for an anesthesiologist. Therefore, please try not to change your surgery date once it has been set. Nevertheless, we understand that occasionally this must occur due to conflicts in your life or an unforeseen incident. If you know there is going to be a scheduling conflict, **notify our office as soon as possible** so that other arrangements can be made. **If you should develop symptoms of an infection (sore throat, cough, fever, urinary burning, skin infections/rashes etc.) within 3 days before your surgery, please contact us immediately.**

If you have any questions, please call Andrea Wylie, RN at 817-375-5271